

## Experiences of Mental Health and Substance Use Service Users Topic Snapshot

### Visiting your family doctor

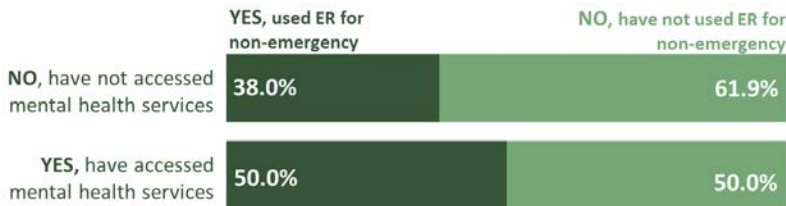
Do you have a family doctor?  
**YES 97%**  
**NO 3%**

Is your doctor in the community where you live?  
**YES 45%**  
**NO 50%**

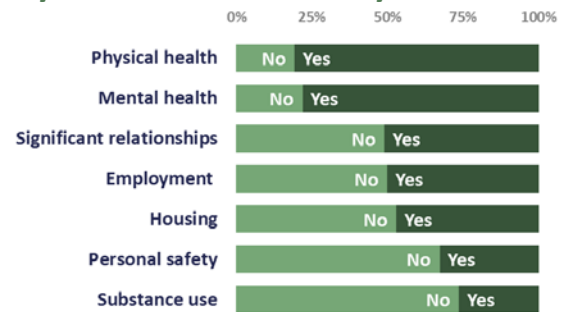
### Your health



### Using the Emergency Room

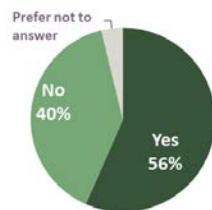


### Are you concerned about your...?



### Chronic condition

Do you have a chronic condition?

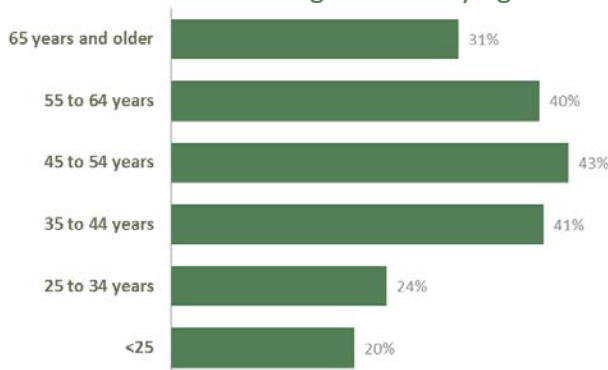


How much does your chronic condition interfere with everyday life?



### Mental health and substance use

#### Use of counselling services by age

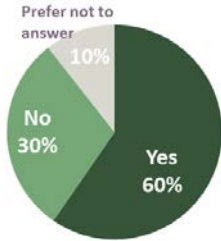


#### What counselling services have you used?

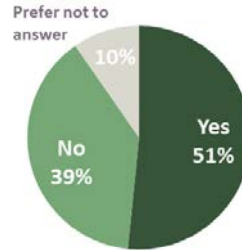


## Looking ahead – community needs

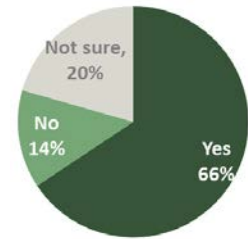
Are you satisfied with your primary health care?



Is access to counselling services adequate? *(if you need it)*



Are you open to using telehealth?



## Who answered this survey?



**106** total number of survey respondents that reported accessing mental health or substance use services

**303** total number of survey respondents across all west coast communities (see the full regional report)

### About this report

This survey is one of the tools the Division of Family Practice uses to learn about health care needs and experiences of residents on the west coast of Vancouver Island. This 'Topic Snapshot' reflects responses from those reporting they have access mental health or substance use services. For more info, or the full regional report for all west coast communities, contact Abbie MacPherson [amacpherson@divisions.bc.ca](mailto:amacpherson@divisions.bc.ca)