

## ABORIGINAL HEALTH

## Topic Snapshot

### Visiting your family doctor

Do you have a family doctor?  
**YES 96%**  
**NO 4%**

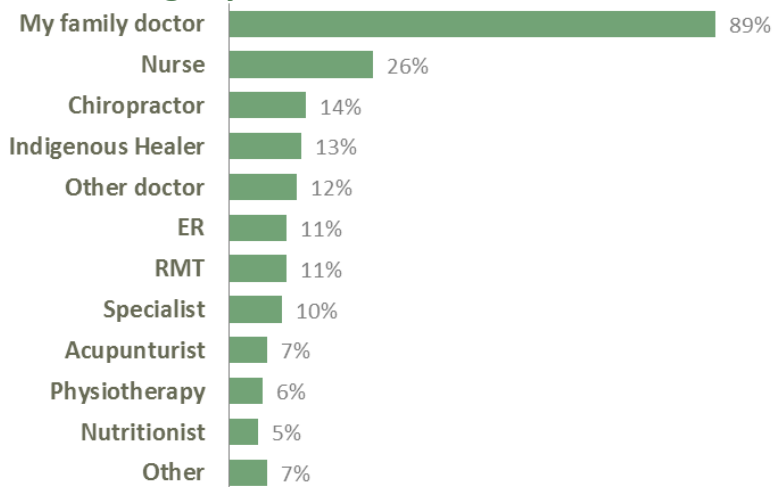
Is your doctor in the community where you live?  
**YES 54%**  
**NO 46%**

Top issues affecting access to a family doctor:  
**Waiting time at the doctor's office 51%**  
**Getting a timely appointment 37%**

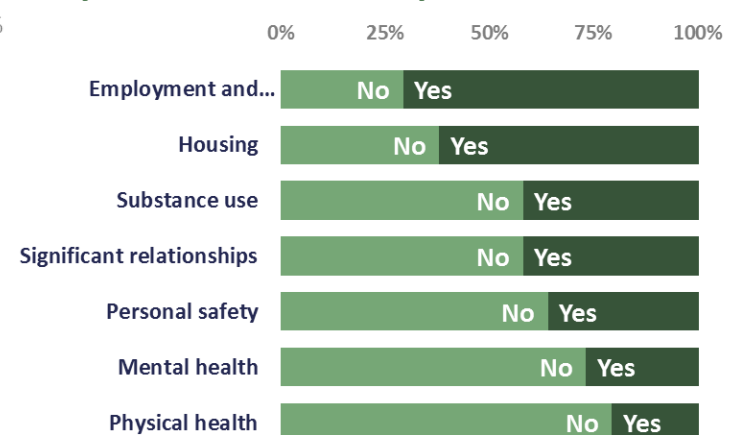
### Your health



### Who manages your health concerns?



### Are you concerned about your...?



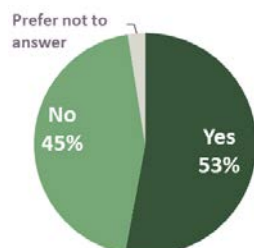
### Using the Emergency Room

Have you ever used the ER for a non-emergency?  
**YES 57%**  
**NO 43%**

Why do people go to the ER for a non-emergency?  
**Doctor's office was closed 70%**  
**Wasn't sure it was an emergency 23%**

### Living with a chronic condition

Do you have a chronic condition?

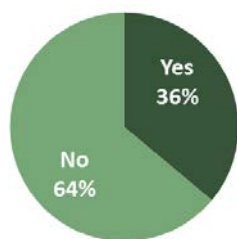


How much does your chronic condition interfere with everyday life?

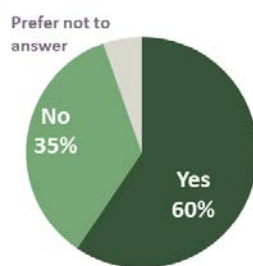


## Mental health and substance use

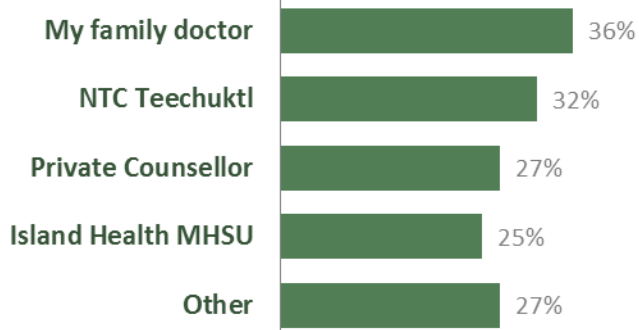
Have you accessed services for mental health or substance use?



Is access to counselling services adequate? *(if you need it)*



What counselling services have you used?



## Looking ahead – community needs

### Top 3

topics people want to learn more about:

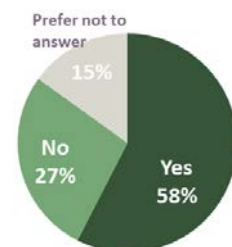
- ✓ Nutrition 61%
- ✓ Adult Mental Health and Substance Use 54%
- ✓ Arthritis 50%

### Top 3

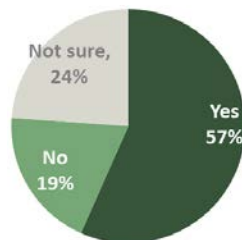
services that could be added or improved:

- ✓ Physical Therapy 60%
- ✓ Senior Care Facility 51%
- ✓ Senior Assisted Living 50%

Are you satisfied with your primary health care?



Are you open to using telehealth?



## Who answered this survey?



**122** total number of survey respondents self-identifying as **Aboriginal**

All survey responses - Do you identify as Aboriginal?

Yes 40%      No 55%      Prefer not to answer 4%

### About this report

This survey is one of the tools the Division of Family Practice uses to learn about health care needs and experiences of residents on the west coast of Vancouver Island. This 'Topic Snapshot' reflects responses from those self-identifying as Aboriginal only. For more info, or the full regional report for all west coast communities, contact Abbie MacPherson [amacpherson@divisions.bc.ca](mailto:amacpherson@divisions.bc.ca)